Anticipated Itinerary

Subject to change

- Day 1 Check in and acquaint yourself with the resort
 Welcome dinner at Ikari Restaurant
 Welcome circle and breathwork at Wanari Room in The Meeting Place
- Day 2 Sunrise Field of Lights tour
 Full buffet breakfast at Ikari Restaurant
 Camel ride
 Lunch at Walpa Lobby Bar
 Sacred Sites + BBQ Tour with astrology talk
- Day 3

 Sunrise yoga and mediation at Uluru viewing deck
 Full buffet breakfast at Ikari Restaurant
 Self guided walk Valley of the Winds Kata Tjuta (BYO lunch)
 Wintjiri Wiru Light Show
 Dinner at Ikari Restaurant
- Day 4 Sunrise breathwork at Uluru viewing deck
 Full buffet breakfast at Ikari Restaurant
 Self guided walk around base of Uluru BYO lunch
 Cold plunge
 Helicopter ride
 Dinner at Ikari Restaurant
- Sunrise breathwork at viewing deck
 Full buffet breakfast at Ikari Restaurant
 Dot Painting
 Lunch at Walpa Lobby Bar
 Self guided Walpa Gorge walk at Kata Tjuta and breathwork at the viewing deck
 Dinner at Ikari Restaurant
 Closing circle
- Final sunrise at Uluru viewing deck (yoga, meditation or breathwork)
 Full buffet breakfast at Ikari Restaurant
 Check out 10am
 Free shuttle back to airport